



# Milton Keynes CTC Rides List - July 2022



Day	Date	Time	Start	Destination	Venue	Notes	Pace	Miles	Est. Return	Leader	Phone
Sun	3rd. July	9:30am	Stony	Salcey Forest	Grounds Café	Morning coffee @ Stoke Bruerne Afternoon coffee @ Grounds, Emberton	B	43	4:00pm	Gary Haynes	
	4th. July					<b>American Independence Day</b>					
Sun	10th. July	9:30am	Westcroft G	Ashridge	Ashridge Forest	Picnic Ride - Bring sandwiches Morning coffee @ The Stag, Mentmore	B	50	4:30pm	Colin Middlemiss	
	15th. July					<b>Saint Swithuns Day (Hope it doesn't rain)</b>					
Sun	17th. July	9:30am	Stoney	Middle Claydon	The Phoenix Kitchin	Afternoon Ice-cream @ The Potting Shed Café, Thrift Farm	C	30	3:30pm	Gary Haynes	
Sun	24th. July	9:30am	Westcroft G	Brackley	Jenny's	Coffee stops to be decided	B	45	4:00pm	Barry	
Sun	31st. July	9:30am	Westcroft G	Stratton Audley	The Barn	Afternoon Coffee at The George & Dragon, Quainton	B	55	5:00pm	Gary Haynes	

## Planned Future Events

Mildenhall Cycle Festival - 27th. & 28th. August - See <http://www.mildenhallfestival.bike/> for more details

Willen Hospice Cycle Sportive - Sunday, 4th. September - See the Willen Hospice Facebook page events page for more details

**Wednesday Social - Meeting at Grounds Café, Emberton @ 10:30am most Wednesdays for coffee and a chat.**

**Thursday Social - Meeting at Wetherspoons, Midsummer Boulevard @ 10:00am most Thursdays for a "lukewarm Breakfast" and a gossip.**

**Saturday Social - Meeting at the Bike Bus, Bourne End @ 10:30am most Saturdays for coffee, cake and a natter.**

### Ride Start Location Details

- Newport = Newport Pagnell, outside the Health Centre
- Stony = Stony Stratford - outside Passage to India, High Street
- Westcroft G = Westcroft Centre, outside Greggs
- Westcroft M = Westcroft Centre, outside McDonalds
- Wolverton = Wolverton Railway Station

### Notes:

Wednesday, Thursday & Saturday events are just social gatherings and as such are not covered by the normal rules/insurance etc. of Cycling UK

Rides coloured in Orange have been updated.

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